**KIKIROCS**

FOOD

**2 slices of sourdough toast** 2.5

with jam/honey/peanut butter/marmite

**Avocado on sourdough** **toast** - 5.5

+ 2 + 3

- feta - smoked salmon

- beetroot hummus  - crispy bacon

- 2 poached eggs

**Scrambled eggs on sourdough toast –** 6

+3

- smoked salmon/crispy bacon

**Hearty 5 beans on toast –** 4.5

**Porridge –** 4

Oat milk, fruit, honey & seeds

**Muesli Bowl** - 5

Nutty muesli, Greek yoghurt & fruit

**SoWo stack** (**smashed avocado & a poached egg on sourdough toast)** 9.5

Smoked salmon OR crispy bacon

**Wanstead Fish smoked salmon & cream cheese bagel** - 6

Smoked salmon & cream cheese in a poppy seed bagel

**KIKIROCS cheese toastie** - 6

Mature cheddar & red onion marmalade

**Ham & cheese croissant –** 5

Roasted ham & mature cheddar

**Salad Buddha Bowl** – 8

**Kidsboard –** 4

Sourdough toast, jam, carrot sticks, beetroot hummus & a babycino!

**Kids ham & cheese –** 3

Served crustless with a side Buddha salad

DRINKS

All hot drinks are available with your choice of soya, almond, coconut or oat milk for an additional 40p

Espresso - 2

Flat White - 2.6

Cappuccino - 2.8

Latte - 2.9

Long Black – 2.6

Mocha - 3

Hot chocolate - 3

Turmeric latte - 3.5

Matcha latte - 3.5

Breakfast and herbal teas - 2.5

Babycino – 1

Cawston Press Apple & Mango – 1.2

Innocent Orange – 2

San Pellegrino Limonata-1.5

San Pellegrino Sparkling Water-1.5

Still Water – 1.5

Coconut Water – 2.5

Kombucha Original - 4

Kombucha Ginger - 4

Karma Kola - 2

**Smoothies** - 4.75

**Green smoothie**

(kale, spinach, banana & almond milk)

**Strawberries & cream smoothie**

(strawberries, banana & coconut)

**For the adults!**

Crate Brewery Pale Ale – 4.5

Red/White glass– 4.5

Red/White 500ml carafe – 14

Red/White bottle – 20

Prosecco glass – 6

Prosecco bottle - 22